

# Introducing Carrot

We have partnered with Carrot to bring inclusive fertility, hormonal health, and family-forming benefits to our employees, including funds to help pay for care.



## Get support with:

- Understanding fertility health (e.g., fertility testing and ovulation tracking)
- Preservation (egg, sperm, embryo freezing)
- Assisted reproduction (e.g., in vitro fertilization)
- Adoption, gestational surrogacy, donor assistance
- Pregnancy and postpartum
- Perimenopause/menopause, low T



## Receive personalized guidance

Get a free Carrot Plan created by a Carrot Expert that provides actionable next steps to help you make the most of your benefit



## Unlimited access to doctors, nurses, benefit experts, and more

Talk to reproductive endocrinologists, urologists, emotional well-being experts, and more as often as you'd like – 99% of members rate these conversations 4.9 out of 5 stars



## Find care near you and get discounts

Easily search for Carrot-approved providers, agencies, and attorneys near you, get discounts at partner clinics, simplify medication delivery and save money with Carrot Rx, and more

Visit [get-carrot.com/signup](https://get-carrot.com/signup) to create your account and explore the resources available.

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*“This benefit has changed my life for the better. I would not feel confident and empowered if not for this experience.” – Tiffany J.*