CARROT

Welcome to Carrot

Your fertility, hormonal health, and family-forming benefits are moving to Carrot Fertility. Carrot is an inclusive benefit to support our employees with understanding fertility health (e.g., fertility testing and ovulation tracking), assisted reproduction like in vitro fertilization, preservation like egg or sperm freezing, adoption, gestational surrogacy, pregnancy and postpartum, perimenopause, menopause, low testosterone, and more.

Visit **get-carrot.com/learn-more** to claim your benefit, explore the exclusive resources available to you, and connect with the Care Team with questions.

Claim your benefit



Can Carrot help answer my questions before the benefit has officially launched??

Yes, we're happy to assist! Your <u>Carrot Care Team</u> can help you understand how to use your benefit, check if your current provider is in our network, and help you find an eligible provider if needed.

What if I'm in the middle of my journey?

If you are in the middle of care, reach out to your Carrot Care Team at get-carrot.com/employee-support with questions and/or to check if your current provider is eligible with Carrot. Your Care Team can work with you to determine next steps.

To learn more about the Carrot benefit before it launches, visit **get-carrot.com/employee-support** to connect with your Care Team.

Will my Carrot benefit cover expenses that took place before Carrot launched at my employer?

Create your Carrot account to see when your benefit effectively launches. Only eligible expenses for care that takes place after Carrot's effective launch date will be covered. Reach out to the Carrot Care Team for more information.

Can I fill my prescriptions through Carrot?

If located in the U.S., you will have access to Carrot Rx, an online pharmacy that offers medications, personalized assistance, and peace of mind with convenient delivery and savings on fertility medications.