

Welcome to Carrot

Your fertility health and family-forming benefits are moving to Carrot Fertility. Your employer has partnered with Carrot to make care more accessible and affordable.

Through Carrot, you have access to inclusive, comprehensive benefits. This includes support for fertility health, assisted reproduction like in vitro fertilization, preservation like egg or sperm freezing, adoption, gestational carrier arrangements, pregnancy, menopause, and more.

Visit get-carrot.com/learnmore to explore the resources available to you.

Claim your benefit



Can Carrot support questions before the program is live?

Yes, we're happy to assist! Your Carrot Care Team can help you understand your benefits, check if your current provider is in our network, and help you find an eligible provider if needed.



What if I'm in the middle of fertility treatment, surrogacy, or adoption with a provider or agency?

If you are in the middle of care with a provider, reach out to your Carrot Care Team at get-carrot.com/employee-support to check if your current provider is eligible with Carrot. Your Care Team can work with you to determine next steps.



Can Carrot cover care that took place before the program launches?

Create your Carrot account to see when your benefit is effective. Only eligible care that takes place after Carrot's effective date will be covered.

No matter who you are — or where you are in your journey — we invite you to take advantage of your new Carrot membership. To learn more or prepare for future care, visit get-carrot.com/employee-support to connect with your Care Team.